

Holy Trinity  
Headington Quarry



*Seventh Sunday After Trinity*

*14<sup>th</sup> July 2024*

*Words of welcome.*

*Please stand*

## **Hymn 766**

*During the opening hymn, children are welcome to join the forest Sunday school taking place outside.*

Praise, my soul the King of heaven,  
to his feet thy tribute bring;  
ransomed, healed, restored, forgiven,  
who like me his praise should sing?  
Alleluia, alleluia,  
praise the everlasting King.

Praise him for his grace and favour  
to our fathers in distress;  
praise him still the same for ever,  
slow to chide and swift to bless:  
Alleluia, alleluia,  
glorious in his faithfulness.

Father-like he tends and spares us,  
well our feeble frame he knows;  
in his hands he gently bears us,  
rescues us from all our foes:  
Alleluia, alleluia,  
widely as his mercy flows.

Angels, help us to adore him;  
ye behold him face to face;  
sun and moon bow down before him,  
dwellers all in time and space:  
Alleluia, alleluia,  
praise with us the God of grace.

*Henry Francis Lyte (1793-1847)*

*The president says*

In the name of the Father  
and of the Son  
and of the Holy Spirit  
**Amen**

## The Greeting

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ be with you  
**and also with you.**

## Prayers of Penitence

*A minister says*

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins, to be our advocate in heaven,  
and to bring us to eternal life.  
Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

*Silence is kept.*

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly, love mercy,  
and walk humbly with you, our God.  
Amen**

*The president says*

Almighty God,  
who in Jesus Christ has given us  
a kingdom that cannot be destroyed,  
forgive you your sins,  
open your eyes to God's truth,  
strengthen you to do God's will  
and give you the joy of God's kingdom,  
through Jesus Christ our Lord. **Amen.**

## **Gloria in Excelsis**

**Glory be to God in heaven,  
peace to those who love him well;  
on the earth let all his people  
speak his grace, his wonders tell:  
Lord, we praise you for your glory,  
mighty Father, heaven's king;  
hear our joyful adoration  
and accept the thanks we bring.**

**Only Son of God the Father,  
Lamb who takes our sin away,  
now with God in triumph seated  
for your mercy, Lord, we pray:  
Jesus Christ, most high and holy,  
Saviour, you are God alone  
in the glory of the Father  
with the Spirit: Three-in-One!**

*Tune: Ode to Joy.*

## **The Collect**

Let us pray:  
Lord of all power and might,  
the author and giver of all good things:  
graft in our hearts the love of your name,  
increase in us true religion,  
nourish us with all goodness,  
and of your great mercy keep us in the same;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
**Amen.**

*Please be seated*

## ***The Liturgy of the Word***

**First Reading: Ephesians 1. 3-14**

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

This is the word of the Lord.

**Thanks be to God.**

*Please stand.*

## **Gospel Reading**

*Please stand. We repeat the refrain.*



'Pilgrim's Alleluia': Hymn 377

Hear the Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, O Lord.**

### **Gospel reading: Mark 6. 14-29**

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is

Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord.

**Praise to you, O Christ**

**Sermon**

Revd Canon David Knight

**Nicene Creed**

*Please stand*

Let us declare our faith in God.

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the  
dead, and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and  
glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come.**

**Amen.**

### **Prayers of Intercession**

*Please sit or kneel. The following response may be used:*

Lord, hear us.

**Lord, graciously hear us.**

*We pray for those who are sick or in particular need:*

*Grace, Josie, Kitty Datta, Atmadeep Novo Datta, Bob Southgate,  
Benji, Caroline Winwood, Enid Owens, Pam, Margaret Bastock,  
Madeline Tarrant.*

*Those who have died recently:*

*Astrid Brooke, Monica Scroggie, Natalia Stoneman, Naomi Lawrence,  
Barbara Deane.*

*Those whose anniversary of death falls at this time:*

*Jessica Harper, Diana Wood, Kenneth Thompson, Beryl Horwood,  
Eric Wood, Joyce Keen, Dorothy Carter.*

*And at the end*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

**The Peace**

*Please stand*

To crown all things there must be love  
to bind all together and complete the whole.  
Let the peace of Christ rule in our hearts.  
The peace of the Lord be always with you  
**and also with you.**

*A minister says*

Let us offer one another a sign of peace

*All may exchange a sign of Peace*

### **Hymn 593**

At the name of Jesus  
every knee shall bow,  
every tongue confess him  
King of glory now:  
'tis the Father's pleasure  
we should call him Lord,  
who from the beginning  
was the mighty Word.



At his voice creation  
sprang at once to sight,  
all the angel faces,  
all the hosts of light,  
thrones and dominations,  
stars upon their way,  
all the heavenly orders,  
in their great array.

Humbled for a season,  
to receive a name  
from the lips of sinners  
unto whom he came,  
faithfully he bore it  
spotless to the last,  
brought it back victorious  
when from death he passed:

Bore it up triumphant  
with its human light,  
through all ranks of creatures,  
to the central height,  
to the throne of Godhead,  
to the Father's breast;  
filled it with the glory,  
of that perfect rest.

Name him, Christians, name him,  
with love strong as death,  
but with awe and wonder  
and with bated breath:  
he is God the Saviour,  
he is Christ the Lord,  
ever to be worshipped,  
trusted, and adored.

In your hearts enthrone him;  
there let him subdue  
all that is not holy,  
all that is not true:

crown him as your Captain  
in temptation's hour;  
let his will enfold you  
in its light and power.

Surely, this Lord Jesus  
shall return again,  
with his Father's glory,  
with his angel train;  
for all wreaths of empire  
meet upon his brow,  
and our hearts confess him  
King of glory now.

*Caroline Maria Noel (1817-1877)*

### **Taking of the Bread and Wine**

As the grain once scattered in the fields  
and the grapes once dispersed on the hillside  
are now reunited on this table in bread and wine,  
so, Lord, may your whole Church soon be gathered together  
from the corners of the earth  
into your kingdom. **Amen.**

### **The Eucharistic Prayer**

*Please sit or stand as you are most comfortable*

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

Father, you made the world and love your creation.  
You gave your Son Jesus Christ to be our Saviour.  
His dying and rising have set us free from sin and death.  
And so we gladly thank you,  
with saints and angels praising you, and singing:

Ho - ly, ho - ly, ho - ly Lord, God of power and might, \_

5  
heaven and earth are full of your glo-ry. Ho - san - na in\_\_ the high - est.

9  
Bless - ed\_\_ is he who comes in the name of the Lord.\_\_\_\_ Ho -

13  
san - na in\_\_ the high - est.\_\_\_\_ Ho - san - na in\_\_ the hig - est.

*Hymn 418*

We praise and bless you, loving Father,  
 through Jesus Christ, our Lord;  
 and as we obey his command,  
 send your Holy Spirit,  
 that broken bread and wine outpoured  
 may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
 and, taking bread, he praised you.  
 He broke the bread, gave it to them and said:  
 Take, eat; this is my body which is given for you;  
 do this in remembrance of me.

When supper was ended he took the cup of wine.  
 Again he praised you, gave it to them and said:  
 Drink this, all of you;  
 this is my blood of the new covenant,  
 which is shed for you and for many for the forgiveness of sins.  
 Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
 in him we plead with confidence his sacrifice  
 made once for all upon the cross.  
 Bringing before you the bread of life and cup of salvation,  
 we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

Lord of all life,

help us to work together for that day

when your kingdom comes

and justice and mercy will be seen in all the earth.

Look with favour on your people,

gather us in your loving arms

and bring us with the blessed Virgin Mary and all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,

in the unity of the Holy Spirit, all honour and glory are yours,

O loving Father, for ever and ever.

**Amen.**

## **The Lord's Prayer**

*Please sit or kneel*

As our saviour taught us, so we pray

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come, your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation**

**but deliver us from evil.**

**For the kingdom, the power**

**and the glory are yours,**

**now and for ever.**

**Amen.**

## **Breaking of the Bread**

We break this bread

to share in the body of Christ.

**Though we are many, we are one body,**

**because we all share in one bread.**

*p*, *cresc.* *f*  
 Je - sus Christ, bread of life, those who come to you will not hun - ger.

5 *mf*, *dim.* *mf*  
 Je - sus Christ, Ri - sen Lord, those who trust in you will not thirst.

## Giving of Communion

God's holy gifts  
 for God's holy people.  
**Jesus Christ is holy,  
 Jesus Christ is Lord,  
 to the glory of God the Father.**

*This is God's table and all are welcome. Please follow the directions of the steward. With the North aisle inaccessible, you will be directed down and back up the central aisle. To make this as smooth as possible, please allow everyone in your pew to come out before queueing. Those sitting towards the back on each side will be invited to come forwards first.*

*If you are wearing a mask, it is most practical if you remove it before receiving communion. Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread).*

*If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.*

## Hymn 775

Seek ye first the kingdom of God  
and his righteousness,  
and all these things shall be added unto you;  
Allelu-, alleluia:

Ask, and it shall be given unto you;  
seek and ye shall find;  
knock, and the door shall be opened unto you;  
Allelu-, alleluia:

We shall not live by bread alone,  
but by every word  
that proceeds from the mouth of the Lord;  
Allelu-, alleluia:

*Karen Lafferty (b. 1948)*

### **Prayer after Communion**

Lord God, whose Son is the true vine and the source of life,  
ever giving himself that the world may live:  
may we so receive within ourselves  
the power of his death and passion  
that, in his saving cup,  
we may share his glory and be made perfect in his love;  
for he is alive and reigns, now and for ever. **Amen.**

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord. Amen.**

## ***The Sending Out***

*Please stand*

### **Hymn 671**

I will sing the wondrous story  
of the Christ who died for me,  
how he left the realms of glory  
for the cross of Calvary.  
Yes, I'll sing the wondrous story  
of the Christ who died for me --  
sing it with his saints in glory,  
gathered by the crystal sea.

I was lost but Jesus found me,  
found the sheep that went astray,  
raised me up and gently led me  
back into the narrow way.  
Days of darkness still may meet me,  
sorrow's path I oft may tread;  
but his presence still is with me,  
by his guiding hand I'm led.

He will keep me till the river  
rolls its waters at my feet:  
then he'll bear me safely over,  
made by grace for glory meet.  
Yes, I'll sing the wondrous story  
of the Christ who died for me --  
sing it with his saints in glory  
gathered by the crystal sea.

*Francis Harold Rowley (1854-1952)*

## The Blessing

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

## The Dismissal

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

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*Please join us for refreshments in the Coach House!  
Please take this booklet away with you, and recycle it when you have finished with it. We no longer pass the collection plate around during the service, but you are welcome to use the collection plate at the back of church, or the contactless machine, if you would like to make a donation to support the work of our church.*

### Notices: July 14<sup>th</sup>

*Please read the weekly notices to find out about upcoming events and services. Clergy will highlight some of these notices in their brief welcome. If there is something you would particularly like highlighted at the start of the service, please notify the clergy (by email or phone) in good time before the service, or speak to them before the service starts if this is not possible.*

### **Sunday July 14<sup>th</sup>: The Seventh Sunday after Trinity**

8am Holy Communion

10am Parish Eucharist with Forest Sunday School

***Forest Sunday School will take a break over the summer holidays.***

***Our last gathering in the woods will be on Sunday July 21st.***

***We look forward to welcoming families back in September!***

### **Midweek Services**

Morning Prayer: 9am Monday and Tuesdays in the Coach House.

Eucharist Service: Wednesdays at 10am



## **Sunday July 21<sup>st</sup>: The Eighth Sunday after Trinity**

8am Holy Communion

10am Parish Eucharist with Forest Sunday School

**The Parish Office** is closed and will reopen at 9am next Tuesday **16<sup>th</sup> July**.

**Housekeeping matters during the building work:** Please kindly note that toilet facilities are available at the Coach House, and the vestry is now strictly out of use. Seating is more restricted inside the church - please be considerate when choosing a pew and allow space for latecomers if possible (**please consider filling up from the front!**). The back pews are reserved for children and families attending Sunday school. In the event of an emergency, fire exits are at the main church door and the chancel door.

We are so grateful that the building work is progressing smoothly and to plan! We all look forward in faith and hope to the completion of the works in 2024. Please continue to hold the project in your prayers. As the psalmist writes: 'unless the Lord builds the house, those who labour build it in vain' (Psalm 127.1). We ask you all to pray especially for wisdom for our architect and contractors, and for peaceful relations with our neighbours and local residents affected by the work.

God of vision and hope,  
we thank you for our church building;  
a place of prayer and pilgrimage,  
witnessing to your love and presence in our midst.  
We pray for our plans to develop the building  
to further the work of your kingdom in this and future generations.  
We pray for the guidance, resources and skills we need  
to bring the project to completion,  
and that we would be united in vision and focus  
as we work towards this goal,  
in the name of Jesus Christ our Cornerstone.  
Amen.

**LIGHT LUNCH** in the Coach House – next Friday **19<sup>th</sup> July** – 11am-1.30pm- All are welcome to join us for Soup , a roll , cake and company. This is sponsored by Quarry WI for the community, feel free to come and join us.

This year we are again having two weeks of drop-in **Stay & Play** sessions in the Coach House for small children and their carers. The dates are **5<sup>th</sup> to 9<sup>th</sup>** and **12<sup>th</sup> to 16<sup>th</sup> August** from **10am to 12 noon**. There will be all sorts of toys and activities aimed at children up to the age of 6, as

well as refreshments for children and adults. Further details from Emily, Anna Brown, Joan Jones and Elizabeth Knight.

### **Save the date: Saturday 14<sup>th</sup> and Sunday 15<sup>th</sup> September**

This open weekend will be an opportunity to explore and celebrate our completed building work. On Saturday 14<sup>th</sup> September our church will be open to all from 10am to 4pm serving refreshments and showing displays on the theme of Holy Trinity's past, present, and future! During this time a Narnia trail will be available for children and families. That evening at 7pm will be a concert, showcasing some of the musical talent in our community.

On Sunday 15<sup>th</sup> September, we are delighted that the Bishop of Oxford will be joining us for our 10am Parish Eucharist to bless our church building following completion of the building works. The Bishop will also be confirming several members of our congregation during this service. **If you are interested in exploring confirmation**, please get in touch with any of our clergy.

**HTHQ175** A group has been formed to make plans for the parish to celebrate in the autumn the completion of the church building work, and the 175th anniversary of its consecration. We would like to create a photographic history of the people and events that have taken place at Holy Trinity over the years. If you have photographs of family/community events at the church that you would be willing to share with us please could you let the wardens know, and provide a copy with the event and date added. Thank you. Janet Masters

**Hearing Loop Update:** our loop system had to be disconnected during the work on the west end of church, we are really pleased that the contractors have found a way to reinstate it and it is now functioning. Please have a chat with a welcomer or one of the sound team if you are having problems.

**This week's Eco Tips:** If we already have supplies of plastic bags, plastic tooth brushes, cotton buds with plastic sticks, plastic inter-dental brushes and floss, plastic straws etc. in the home, we might as well use/re-use them, but resolve to replace them as they wear out with non-plastic equivalents. *Hilary Rollin, Eco Group*

### **Eco Resources Summer 2024**

If you are looking for information on ECO matters, you might like to follow the link below for ideas on book titles, links to Zoom sessions (live and recorded), talks etc.

Go to: <https://www.hthq.uk/eco-church-resources/>

Hilary Rollin, Eco Church Group

**Pastoral care team** Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers on back page) or Helen Day, Janet Masters, or Anne Tarassenko.

## **Holy Trinity Headington Quarry**

*An open door between heaven and earth,  
showing God's love to all.*

As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

### **Contact us**

**Vicar:** Revd Dr Laura Biron-Scott  
[vicar@hthq.uk](mailto:vicar@hthq.uk) 01865 762835

**Associate Priest:** Revd Prof Rob Gilbert  
[associatepriest@hthq.uk](mailto:associatepriest@hthq.uk)

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**Parish Office:** [office@hthq.uk](mailto:office@hthq.uk) 01865 762931

**Churchwardens:** [wardens@hthq.uk](mailto:wardens@hthq.uk)

Website: [www.hthq.org.uk](http://www.hthq.org.uk)

**Church post code for emergencies:** OX3 8LQ