

Holy Trinity
Headington Quarry



Eighth Sunday After Trinity

21st July 2024

Words of welcome.

Please stand

Hymn 765

During the opening hymn, children are welcome to join the forest Sunday school taking place outside.

Praise to the Lord, the Almighty, the King of creation;
O my soul, praise him, for he is thy health and salvation:
all ye who hear, now to his temple draw near,
joining in glad adoration.

Praise to the Lord, who o'er all things so wondrously reigneth,
shieldeth thee gently from harm, or when fainting sustaineth:
hast thou not seen how thy heart's wishes have been
granted in what he ordaineth?

Praise to the Lord, who will prosper thy work and defend thee;
surely his goodness and mercy shall daily attend thee:
ponder anew what the Almighty can do,
if to the end he befriend thee.

Praise to the Lord! O let all that is in me adore him!
All that hath life and breath, come now with praises before him!
Let the Amen sound from his people again;
gladly for aye we adore him!

*Lobe den Herren Joachim Neander (1650-1680)
tr. Catherine Winkworth (1827-1878)*

The president says

In the name of the Father
and of the Son
and of the Holy Spirit
Amen

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ be with you
and also with you.

Prayers of Penitence

A minister says

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins, to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God.
Amen**

The president says

Almighty God,
who in Jesus Christ has given us
a kingdom that cannot be destroyed,
forgive you your sins,
open your eyes to God's truth,
strengthen you to do God's will
and give you the joy of God's kingdom,
through Jesus Christ our Lord. **Amen.**

Gloria in Excelsis

**Glory be to God in heaven,
peace to those who love him well;
on the earth let all his people
speak his grace, his wonders tell:**

**Lord, we praise you for your glory,
mighty Father, heaven's king;
hear our joyful adoration
and accept the thanks we bring.**

**Only Son of God the Father,
Lamb who takes our sin away,
now with God in triumph seated
for your mercy, Lord, we pray:
Jesus Christ, most high and holy,
Saviour, you are God alone
in the glory of the Father
with the Spirit: Three-in-One!**

Tune: Ode to Joy.

The Collect

Let us pray:

Almighty Lord and everlasting God,
we beseech you to direct, sanctify and govern
both our hearts and bodies
in the ways of your laws
and the works of your commandments;
that through your most mighty protection, both here and ever,
we may be preserved in body and soul;
through our Lord and Saviour Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

Please be seated

The Liturgy of the Word

First Reading: Jeremiah 23. 1-6

Woe to the shepherds who destroy and scatter the sheep of my pasture! says the LORD. Therefore, thus says the LORD, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings,

says the LORD. Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the LORD.

The days are surely coming, says the LORD, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: 'The LORD is our righteousness.'

This is the word of the Lord.
Thanks be to God.

Please stand.

Gospel Reading

Please stand. We repeat the refrain.



'Pilgrim's Alleluia': Hymn 377

Hear the Gospel of our Lord Jesus Christ according to Mark.
Glory to you, O Lord.

Gospel reading: Mark 6.30-34, 53-end

The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the market-places, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

This is the Gospel of the Lord.

Praise to you, O Christ

Sermon

Revd Prof Rob Gilbert

Nicene Creed

Please stand

Let us declare our faith in God.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the
dead, and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and
glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

Please sit or kneel. The following response may be used:

Lord, hear us.
Lord, graciously hear us.

We pray for those who are sick or in particular need:

*Grace, Josie, Kitty Datta, Atmadeep Novo Datta, Bob Southgate,
Benji, Caroline Winwood, Enid Owens, Pam, Madeline Tarrant,
Veronika, Anne Kiggell.*

Those who have died recently:

*Astrid Brooke, Monica Scroggie, Natalia Stoneman, Naomi Lawrence,
Barbara Deane.*

Those whose anniversary of death falls at this time:

Olive Sheldon, Justin James Minott, Carol Wright, Dennis Cooper.

And at the end

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Peace

Please stand

To crown all things there must be love
to bind all together and complete the whole.
Let the peace of Christ rule in our hearts.
The peace of the Lord be always with you
and also with you.

A minister says

Let us offer one another a sign of peace

All may exchange a sign of Peace

Hymn 669

I heard the voice of Jesus say,
'Come unto me and rest;
lay down, thou weary one, lay down
thy head upon my breast':
I came to Jesus as I was,
weary and worn and sad;
I found in him a resting-place,
and he has made me glad.

I heard the voice of Jesus say,
'Behold, I freely give
the living water, thirsty one;
stoop down and drink and live':
I came to Jesus, and I drank
of that life-giving stream;
my thirst was quenched, my soul revived,
and now I live in him.

I heard the voice of Jesus say,
'I am this dark world's light;
look unto me, thy morn shall rise,
and all thy day be bright':
I looked to Jesus, and I found
in him my star, my sun;
and in that light of life I'll walk
till travelling days are done.

Horatius N. Bonar (1808-1889)

Taking of the Bread and Wine

As the grain once scattered in the fields
and the grapes once dispersed on the hillside
are now reunited on this table in bread and wine,
so, Lord, may your whole Church soon be gathered together
from the corners of the earth
into your kingdom. **Amen.**

The Eucharistic Prayer

Please sit or stand as you are most comfortable

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

Father, you made the world and love your creation.
You gave your Son Jesus Christ to be our Saviour.
His dying and rising have set us free from sin and death.
And so we gladly thank you,
with saints and angels praising you, and singing:

Ho - ly, ho - ly, ho - ly Lord, God of power and might, -
5 heaven and earth are full of your glo - ry. Ho - san - na in the high - est.
9 Bless - ed is he who comes in the name of the Lord. Ho -
13 san - na in the high - est. Ho - san - na in the hig - est.

Hymn 418

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with the blessed Virgin Mary and all the saints
to feast at your table in heaven.
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit, all honour and glory are yours,
O loving Father, for ever and ever.

Amen.

The Lord's Prayer

Please sit or kneel

As our saviour taught us, so we pray
Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and for ever.
Amen.

Breaking of the Bread

We break this bread
to share in the body of Christ.
Though we are many, we are one body,
because we all share in one bread.

The musical score is written for voice and piano in 4/4 time with a key signature of one sharp (F#). It consists of two systems of music. The first system begins with a piano (*p*) dynamic and includes a crescendo (*cresc.*) leading to a forte (*f*) dynamic. The lyrics are: "Je - sus Christ, bread of life, those who come to you will not hun - ger." The second system begins with a mezzo-forte (*mf*) dynamic and includes a decrescendo (*dim.*). The lyrics are: "Je - sus Christ, Ri - sen Lord, those who trust in you will not thirst." The score concludes with a repeat sign and a fermata over the final chord.

Giving of Communion

God's holy gifts
for God's holy people.
**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

This is God's table and all are welcome. Please follow the directions of the steward. With the North aisle inaccessible, you will be directed down and back up the central aisle. To make this as smooth as possible, please allow everyone in your pew to come out before queueing. Those sitting towards the back on each side will be invited to come forwards first.

If you are wearing a mask, it is most practical if you remove it before receiving communion. Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread).

If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.

Hymn 437ii

'Come to me', says Jesus,
'all who are distressed;
take my yoke upon you,
I will give you rest.

I am meek and humble,
find, with me, release
from false airs and graces;
come, and be at peace.'

Hear the call of Jesus,
come, be deeply blessed;
his the invitation,
you the honoured guest.

Here, where bread is broken,
here, where wine is poured,
thankfully receive him,
find your faith restored.

Pardon, feed and heal us,
humble, courteous Lord,
gracious host, for ever
honoured and adored.

Alan Gaunt (b. 1935)

Prayer after Communion

Strengthen for service, Lord,
the hands that have taken holy things;
may the ears which have heard your word
be deaf to clamour and dispute;
may the tongues which have sung your praise
be free from deceit;
may the eyes which have seen the tokens of your love
shine with the light of hope;
and may the bodies which have been fed with your body
be refreshed with the fullness of your life;
glory to you for ever.

Amen.

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

The Sending Out

Please stand

Hymn 715

Lord, for the years your love has kept and guided,
urged and inspired us, cheered us on our way,
sought us and saved us, pardoned and provided,
Lord of the years, we bring our thanks today.

Lord, for that word, the word of life which fires us,
speaks to our hearts and sets our souls ablaze,
teaches and trains, rebukes us and inspires us:
Lord of the word, receive your people's praise.

Lord, for our land in this our generation,
spirits oppressed by pleasure, wealth and care;
for young and old, for commonwealth and nation,
Lord of our land, be pleased to hear our prayer.

Lord, for our world when we disown and doubt him,
loveless in strength, and comfortless in pain;
hungry and helpless, lost indeed without him,
Lord of the world, we pray that Christ may reign.

Lord, for ourselves; in living power remake us,
self on the cross and Christ upon the throne;
past put behind us, for the future take us,
Lord of our lives, to live for Christ alone.

Timothy Dudley-Smith (b.1926)

The Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

The Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Voluntary Fanfare - *Jacques-Nicolas Lemmens (1823-1881)*

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*Please join us for refreshments in the Coach House!
Please take this booklet away with you, and recycle it when you have finished with it. We no longer pass the collection plate around during the service, but you are welcome to use the collection plate at the back of church, or the contactless machine, if you would like to make a donation to support the work of our church.*

Notices: July 21st

Please read the weekly notices to find out about upcoming events and services. Clergy will highlight some of these notices in their brief welcome. If there is something you would particularly like highlighted at the start of the service, please notify the clergy (by email or phone) in good time before the service, or speak to them before the service starts if this is not possible.

Sunday July 21st: The Eighth Sunday after Trinity

8am Holy Communion

10am Parish Eucharist with Forest Sunday School

Forest Sunday School will take a break over the summer holidays.

Our last gathering in the woods will be today.

We look forward to welcoming families back in September!

Midweek Services

Morning Prayer: 9am Monday and Tuesdays in the Coach House.

Eucharist Service: Wednesdays at 10am

Sunday July 28th: The Ninth Sunday after Trinity

8am Holy Communion

10am Parish Eucharist

Morning prayer in August: Morning prayer will take a break in August and resume on Monday 2nd September (location to be confirmed nearer the time).

Housekeeping matters during the building work: Please kindly note that toilet facilities are available at the Coach House, and the vestry is now strictly out of use. Seating is more restricted inside the church - please be

considerate when choosing a pew and allow space for latecomers if possible (**please consider filling up from the front!**). The back pews are reserved for children and families attending Sunday school. In the event of an emergency, fire exits are at the main church door and the chancel door.

Building project update: We are so grateful that our building project is progressing smoothly and the new extension is looking wonderful already! Due to the unpredictable weather in recent months, we are slightly behind schedule with the completion of the building work: our new completion date is now August 19th. Please continue to pray for the project as we mark these final weeks, and look forward with joy to the Bishop's visit on September 15th.

God of vision and hope,
we thank you for our church building;
a place of prayer and pilgrimage,
witnessing to your love and presence in our midst.
We pray for our plans to develop the building
to further the work of your kingdom in this and future generations.
We pray for the guidance, resources and skills we need
to bring the project to completion,
and that we would be united in vision and focus
as we work towards this goal,
in the name of Jesus Christ our Cornerstone.
Amen.

Stay & Play From **Monday** August **5th** to **Friday** August **9th** and **Monday** August **12th** to **Friday** August **16th August** we are going to have **Stay and Play** drop-in playtime from **10am to 12 noon** in the Coach House for babies, toddlers and children with their parents/carers/ grandparents/nannies/childminders. There will be all sorts of toys and activities aimed at children aged 6 and under, as well as refreshments for children and adults. There is a suggested donation of £1 per family. Please come along with your children and grandchildren and tell your friends and neighbours.

We could do with boxes of all sizes, cardboard tubes, yogurt pots, egg boxes etc for 'junk modelling'. Please bring them to church or the Coach House on a Sunday or give them to Joan Jones or Elizabeth Knight.

Choir for September 15th: We would love to form a special choir for the service on September 15th: please let Monika Blackwell or Helen Day know if you would like to join the singing for this special service.

Holy Trinity Open Weekend: All are welcome!

Saturday 14 September

11am – 4pm Open Doors: displays & refreshments in church
Narnia trail for children & families
7pm Evening Concert, showcasing Holy Trinity musicians
(£10 entry, including wine and nibbles at interval)

Sunday 15 September

10am Parish Eucharist with Confirmations and Blessing of the
church building by the Bishop of Oxford
2pm – 4pm Open Doors: displays & refreshments in church

The PCC is looking for **volunteers** to represent the church on the **Headington Quarry Village Hall committee**, the committee meets about once every six weeks, the village hall is in its 90th year so the main focus of the committee is to develop its use for the local community and to future proof the building. If you are interested in joining us on the committee please talk to Frances Farrar or Roz Smith as we are looking for a booking secretary and treasurer as well as local volunteers to sit on the committee.

HTHQ175 A group has been formed to make plans for the parish to celebrate in the autumn the completion of the church building work, and the 175th anniversary of its consecration. We would like to create a photographic history of the people and events that have taken place at Holy Trinity over the years. If you have photographs of family/community events at the church that you would be willing to share with us please could you let the wardens know, and provide a copy with the event and date added. Thank you. Janet Masters

Hearing Loop Update: our loop system had to be disconnected during the work on the west end of church, we are really pleased that the contractors have found a way to reinstate it and it is now functioning. Please have a chat with a welcomer or one of the sound team if you are having problems.

This week's Eco Tips: When supplies of shampoo, conditioner, and soap run low, we can avoid importing more plastic into the home by buying these products in bar form. It doesn't take long to adjust to the different way they work. When plastic containers are unavoidable, buying the largest size will cut down on plastic use, besides the unit price being lower.
Hilary Rollin, Eco Group

Plastic Free July tips summary

1. Use a metal/bamboo/sugar cane bottle for water (never buy drinks in plastic bottles)
2. Buy milk, juice, cooking oils in glass bottles or use products that offer a refill service.
3. Use fabric, not plastic, shopping bags.
- 4 Buy only natural fibres- cotton, linen, wool, bamboo (check it is ethically produced) to prevent hundreds of thousands of plastic microfibres going into the sea.

Viridor's Energy Recovery Plant Tour

Curious about what happens to your rubbish after collection? Viridor's Energy Recovery Plant in Ardley offers free tours, giving you a firsthand look at how waste is transformed into energy for around 60,000 homes, diverting waste from landfill.

Visit www.viridor.co.uk to book in a tour and see how rubbish is turned into a valuable resource.

Eco Resources Summer 2024

If you are looking for information on ECO matters, you might like to follow the link below for ideas on book titles, links to Zoom sessions (live and recorded), talks etc. Hilary Rollin, Eco Church Group

Go to: <https://www.hthq.uk/eco-church-resources/>

Pastoral care team Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers on back page) or Helen Day, Janet Masters, or Anne Tarassenko.

Holy Trinity Headington Quarry
*An open door between heaven and earth,
showing God's love to all.*

As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

Contact us

Vicar: Revd Dr Laura Biron-Scott
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Associate Priest: Revd Prof Rob Gilbert
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Church post code for emergencies: OX3 8LQ