# Holy Trinity Headington Quarry



Ninth Sunday After Trinity 28<sup>th</sup> July 2024

## **Hymn 453**

Lord, enthroned in heavenly splendour first-begotten from the dead, thou alone, our strong defender, liftest up thy people's head. Alleluia, alleluia, Jesu, true and living bread.

Here our humblest homage pay we, here in loving reverence bow; here for faith's discernment pray we, lest we fail to know thee now. Alleluia, alleluia, thou art here, we ask not how.

Though the lowliest form doth veil thee as of old in Bethlehem, here as there thine angels hail thee, branch and flower of Jesse's stem. Alleluia, alleluia, we in worship join with them.

Paschal Lamb, thine offering, finished once for all when thou wast slain, in its fullness undiminished shall for evermore remain, Alleluia, alleluia, cleansing souls from every stain.

Life-imparting heavenly manna, stricken rock with streaming side, heaven and earth with loud hosanna worship thee, the Lamb who died, Alleluia, alleluia, risen, ascended, glorified!

## The president says

In the name of the Father and of the Son and of the Holy Spirit **Amen** 

**The Greeting** 

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you and also with you.

## **Prayers of Penitence**

## A minister says

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life. Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

# Silence is kept.

Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God.
Amen

## The president says

Almighty God, who in Jesus Christ has given us a kingdom that cannot be destroyed, forgive you your sins, open your eyes to God's truth, strengthen you to do God's will and give you the joy of God's kingdom, through Jesus Christ our Lord. **Amen.** 

#### Gloria in Excelsis

Glory be to God in heaven, peace to those who love him well; on the earth let all his people speak his grace, his wonders tell: Lord, we praise you for your glory, mighty Father, heaven's king; hear our joyful adoration and accept the thanks we bring.

Only Son of God the Father, Lamb who takes our sin away, now with God in triumph seated for your mercy, Lord, we pray: Jesus Christ, most high and holy, Saviour, you are God alone in the glory of the Father with the Spirit: Three-in-One!

Tune: Ode to Joy.

The Collect

Almighty God, who sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**.

# The Liturgy of the Word

## First Reading: Ephesians 3. 14-end

For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, for ever and ever.

Amen.

This is the word of the Lord.

Thanks be to God.

Please stand.

**Gospel Reading** 

Please stand. We repeat the refrain.



'Pilgrim's Alleluia': Hymn 377

Hear the Gospel of our Lord Jesus Christ according to John. **Glory to you, O Lord.** 

## Gospel reading: John 6. 1-21

After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming towards him, Jesus said to Philip, 'Where are we to buy bread for these people to eat?' He said this to test him, for he himself knew what he was going to do. Philip answered him, 'Six months' wages would not buy enough bread for each of them to get a little.' One of his disciples, Andrew, Simon Peter's brother, said to him, 'There is a boy here who has five barley loaves and two fish. But what are they among so many people?' Jesus said, 'Make the people sit down.' Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, 'Gather up the fragments left over, so that nothing may be lost.' So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, 'This is indeed the prophet who is to come into the world.'

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the lake, got into a boat, and started across the lake to Capernaum. It was now dark, and Jesus had not yet come to them. The lake became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the lake and coming near the boat, and they were terrified. But he said to them, 'It is I; do not be afraid.' Then they wanted to take him into the boat, and immediately the boat reached the land towards which they were going.

This is the Gospel of the Lord. **Praise to you, O Christ** 

Sermon

Revd Emily Hockliffe Essex

#### Please stand

Let us declare our faith in God.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## **Prayers of Intercession**

Please sit or kneel. The following response may be used:

Lord, hear us.

Lord, graciously hear us.

We pray for those who are sick or in particular need:
Grace, Josie, Kitty Datta, Atmadeep Novo Datta, Bob Southgate,
Benji, Caroline Winwood, Enid Owens, Pam, Madeline Tarrant,
Veronika, Anne Kiggell.

Those who have died recently:

Astrid Brooke, Monica Scroggie, Natalia Stoneman, Naomi Lawrence, Barbara Deane.

Those whose anniversary of death falls at this time: Lovell Pearce, Summer Kerr-Brown, Colin Macfarlane, Rosemary Herklots, Bruce Wilcock, Barbara Cox.

And at the end

Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.

The Peace

#### Please stand

To crown all things there must be love to bind all together and complete the whole. Let the peace of Christ rule in our hearts. The peace of the Lord be always with you and also with you.

A minister says

Let us offer one another a sign of peace

All may exchange a sign of Peace

## Hymn 799i

The Lord's my shepherd; I'll not want. he makes me down to lie in pastures green; he leadeth me the quiet waters by.

My soul he doth restore again and me to walk doth make within the paths of righteousness, e'en for his own name's sake.

Yea, though I walk through death's dark vale, yet will I fear none ill; for thou art with me, and thy rod and staff me comfort still.

My table thou hast furnishèd in presence of my foes; my head thou dost with oil anoint, and my cup overflows.

Goodness and mercy all my life shall surely follow me; and in God's house for evermore my dwelling-place shall be.

> Scottish Psalter, 1650 Psalm 23

# Taking of the Bread and Wine

As the grain once scattered in the fields and the grapes once dispersed on the hillside are now reunited on this table in bread and wine, so, Lord, may your whole Church soon be gathered together from the corners of the earth into your kingdom.

Amen.

# **The Eucharistic Prayer**

Please sit or stand as you are most comfortable

The Lord be with you and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

Father, you made the world and love your creation. You gave your Son Jesus Christ to be our Saviour. His dying and rising have set us free from sin and death. And so we gladly thank you, with saints and angels praising you, and singing:



Hymn 418

We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said: Take, eat; this is my body which is given for you; do this in remembrance of me.

When supper was ended he took the cup of wine.

Again he praised you, gave it to them and said:

Drink this, all of you;

this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,

in him we plead with confidence his sacrifice

made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,

we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

Christ has died: Christ is risen: Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with the blessed Virgin Mary and all the saints
to feast at your table in heaven.
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit, all honour and glory are yours,
O loving Father, for ever and ever. **Amen.** 

The Lord's Prayer

#### Please sit or kneel

As our saviour taught us, so we pray

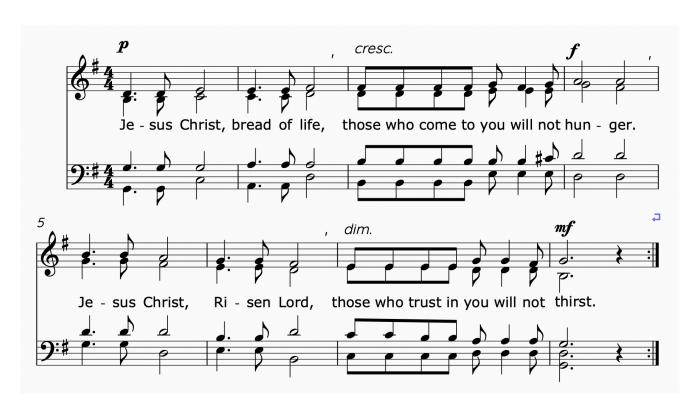
Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.

Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and for ever.
Amen.

#### Breaking of the Bread

We break this bread to share in the body of Christ.

Though we are many, we are one body, because we all share in one bread.



# **Giving of Communion**

God's holy gifts for God's holy people. Jesus Christ is holy, Jesus Christ is Lord, to the glory of God the Father. This is God's table and all are welcome. Please follow the directions of the steward. With the North aisle inaccessible, you will be directed down and back up the central aisle. To make this as smooth as possible, please allow everyone in your pew to come out before queueing. Those sitting towards the back on each side will be invited to come forwards first.

If you are wearing a mask, it is most practical if you remove it before receiving communion. Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread).

If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.

## **Hymn 460**

O thou, who at thy Eucharist didst pray that all thy Church might be for ever one, grant us at every Eucharist to say with longing heart and soul, 'Thy will be done': O may we all one Bread, one Body be, through this blest sacrament of unity.

For all thy Church, O Lord, we intercede; make thou our sad divisions soon to cease; draw us the nearer each to each, we plead, by drawing all to thee, O Prince of Peace: thus may we all one Bread, one Body be, through this blest Sacrament of unity.

We pray thee too for wanderers from thy fold; O bring them back, good Shepherd of the sheep, back to the faith which saints believed of old, back to the Church which still that faith doth keep: soon may we all one Bread, one Body be, through this blest Sacrament of unity.

So, Lord, at length when sacraments shall cease, may we be one with all thy Church above, one with thy saints in one unbroken peace, one with thy saints in one unbounded love: more blessèd still, in peace and love to be one with the Trinity in Unity.

William Henry Turton (1856-1938)

## **Prayer after Communion**

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God: in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord. **Amen**.

Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.

# The Sending Out

Please stand

# Hymn 652

Guide me, O thou great Redeemer, pilgrim through this barren land; I am weak, but thou art mighty; hold me with thy powerful hand: Bread of heaven, feed me now and evermore.

Open now the crystal fountain whence the healing stream doth flow; let the fiery cloudy pillar lead me all my journey through: strong deliverer, be thou still my strength and shield.

When I tread the verge of Jordan, bid my anxious fears subside; death of death, and hell's destruction, land me safe on Canaan's side: songs and praises I will ever give to thee.

William Williams (1717-1791) tr. Peter Williams (1727-1796)

The Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.** 

The Dismissal

Go in peace to love and serve the Lord. **In the name of Christ. Amen.** 

# Voluntary J.S. Bach, Prelude in G (BWV 568)

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Please join us for refreshments in the Coach House!
Please take this booklet away with you, and recycle it when you have finished with it. We no longer pass the collection plate around during the service, but you are welcome to use the collection plate at the back of church, or the contactless machine, if you would like to make a donation to support the work of our church.

Notices: July 28th

Please read the weekly notices to find out about upcoming events and services. Clergy will highlight some of these notices in their brief welcome. If there is something you would particularly like highlighted at the start of the service, please notify the clergy (by email or phone) in good time before the service, or speak to them before the service starts if this is not possible.

## Sunday July 28th: The Ninth Sunday after Trinity

8am Holy Communion 10am Parish Eucharist

Forest Sunday School will take a break over the summer holidays. We look forward to welcoming families back in September!

#### **Midweek Services**

Morning Prayer: 9am Monday and Tuesdays in the Coach House.

Eucharist Service: Wednesdays at 10am

## **Sunday August 4th: The Tenth Sunday after Trinity**

8am Holy Communion 10am Parish Eucharist

**Morning prayer in August**: Morning prayer will take a break in August and resume on Monday 2nd September (location to be confirmed nearer the time).

Housekeeping matters during the building work: Please kindly note that toilet facilities are available at the Coach House, and the vestry is now strictly out of use. Seating is more restricted inside the church - please be considerate when choosing a pew and allow space for latecomers if possible (please consider filling up from the front!). The back pews are reserved for children and families attending Sunday school. In the event of an emergency, fire exits are at the main church door and the chancel door.

**Building project update:** We are so grateful that our building project is progressing smoothly and the new extension is looking wonderful already! Due to the unpredictable weather in recent months, we are slightly behind schedule with the completion of the building work: our new completion date is now August 19th. Please continue to pray for the project as we mark these final weeks, and look forward with joy to the Bishop's visit on September 15th.

God of vision and hope, we thank you for our church building; a place of prayer and pilgrimage, witnessing to your love and presence in our midst. We pray for our plans to develop the building to further the work of your kingdom in this and future generations. We pray for the guidance, resources and skills we need to bring the project to completion, and that we would be united in vision and focus as we work towards this goal, in the name of Jesus Christ our Cornerstone.

Church cleaning and furniture move: We anticipate being able to spring clean the church and move furniture and boxes over from the Coach House during the last week of August and we have earmarked the dates of **Wed 28th - Fri 30th August**, and the afternoon of **Saturday 31st**, for these tasks. We are looking for as many volunteers as possible to help as we prepare the church for our open weekend. Please email the church wardens (wardens@hthq.uk) with your availability to help on any of these dates. We really do appreciate all the support you can give.

**Julian Group.** The August meeting will be on **Friday 2nd August at 2.30 pm at 3 Barton Road, Headington.** We meditate for half an hour on a passage provided by one of us and then discuss it before having a social time with tea/coffee and biscuits. New members are very welcome. Please contact me for further details: **Sheila Allcock 01865-769630** 

**Stay & Play** From **Monday** August **5th to Friday** August **9th** and **Monday** August **12th to Friday** August **16th August** we are going to have **Stay and Play** drop-in playtime from **10am to 12 noon** in the Coach House for babies, toddlers and children with their parents/carers/ grandparents/nannies/childminders. There will be all sorts of toys and activities aimed at children aged 6 and under, as well as refreshments for children and adults. There is a suggested donation of £1 per family. Please come along with your children and grandchildren and tell your friends and neighbours.

We could do with boxes of all sizes, cardboard tubes, yogurt pots, egg boxes etc for 'junk modelling'. Please bring them to church or the Coach House on a Sunday or give them to Joan Jones or Elizabeth Knight.

**Choir for September 15<sup>th</sup>:** We would love to form a special choir for the service on September 15th: please let Monika Blackwell or Helen Day know if you would like to join the singing for this special service.

Holy Trinity Open Weekend: All are welcome!

#### Saturday 14 September

11am – 4pm Open Doors: displays & refreshments in church

Narnia trail for children & families

7pm Evening Concert, showcasing Holy Trinity musicians

(£10 entry, including wine and nibbles at interval)

#### Sunday 15 September

10am Parish Eucharist with Confirmations and Blessing of the

church building by the Bishop of Oxford

2pm – 4pm Open Doors: displays & refreshments in church

The PCC is looking for **volunteers** to represent the church on the **Headington Quarry Village Hall committee**, the committee meets about once every six weeks, the village hall is in its 90th year so the main focus of the committee is to develop its use for the local community and to future proof the building. If you are interested in joining us on the committee please talk to Frances Farrar or Roz Smith as we are looking for a booking secretary and treasurer as well as local volunteers to sit on the committee.

**HTHQ175** A group has been formed to make plans for the parish to celebrate in the autumn the completion of the church building work, and the 175th anniversary of its consecration. We would like to create a photographic history of the people and events that have taken place at Holy Trinity over the years. If you have photographs of family/community events at the church that you would be willing to share with us please could you let the wardens know, and provide a copy with the event and date added. Thank you. Janet Masters

Parish Quiet Day: Saturday 31 August Emily will be offering a time of reflection and prayer on the theme *Broken but made whole* to anyone who wishes to join. As we turn from the summer months back to life's usual busyness, this is an opportunity to pause and reflect and to explore the challenges of the Christian life with insights from theories of trauma and recovery. We will be together in church 9.30am-12.30pm, finishing with Holy Communion. Please contact Emily to register interest (curate@hthq.uk)

Intercessions training: We are seeking to add to our rota of wonderful volunteers who read and lead prayers on a Sunday morning. If you have ever wondered about learning to write intercessions, please join us 10.30am-12noon on Saturday 28 September. Existing volunteers are also encouraged to join to share tips and experiences.

**Hearing Loop Update:** our loop system had to be disconnected during the work on the west end of church, we are really pleased that the contractors have found a way to reinstate it and it is now functioning. Please have a chat with a welcomer or one of the sound team if you are having problems.

**This week's Eco Tips:** Along the lines of Reduce, Re-use, Re-purpose Recycle...before making a purchase, ask yourself 'Do I need this? Is there an option with less packaging? Is there an alternative made from recycled materials? *Hilary Rollin, Eco Group* 

Plastic Free July tips summary

- 1.Use a metal/bamboo/sugar cane bottle for water (never buy drinks in plastic bottles)
- 2. Buy milk, juice, cooking oils in glass bottles or use products that offer a refill service.
- 3. Use fabric, not plastic, shopping bags.
- 4 Buy only natural fibres- cotton, linen, wool, bamboo (check it is ethically produced ) to prevent hundreds of thousands of plastic microfibres going into the sea.

#### Viridor's Energy Recovery Plant Tour

Curious about what happens to your rubbish after collection? Viridor's Energy Recovery Plant in Ardley offers free tours, giving you a firsthand look at how waste is transformed into energy for around 60,000 homes, diverting waste from landfill.

Visit www.viridor.co.uk to book in a tour and see how rubbish is turned into a valuable resource.

#### **Eco Resources Summer 2024**

If you are looking for information on ECO matters, you might like to follow the link below for ideas on book titles, links to Zoom sessions (live and recorded), talks etc. Hilary Rollin, Eco Church Group Go to: https://www.hthq.uk/eco-church-resources/

**Pastoral care team** Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers on back page) or Helen Day, Janet Masters, or Anne Tarassenko.

## **Holy Trinity Headington Quarry**

An open door between heaven and earth, showing God's love to all.

As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

#### Contact us

**Vicar**: Revd Dr Laura Biron-Scott vicar@hthq.uk 01865 762835

Associate Priest: Revd Prof Rob Gilbert

associatepriest@hthq.uk

**Curate**: Revd Emily Hockliffe Essex curate@hthq.uk 07979 931889

Parish Office: office@hthq.uk 01865 762931

**Churchwardens**: wardens@hthq.uk

Website: <a href="https://www.hthq.org.uk">www.hthq.org.uk</a>

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