

Holy Trinity  
Headington Quarry



Twelfth Sunday After Trinity

18<sup>th</sup> August 2024

*Words of welcome.*

## **Hymn 584**

All my hope on God is founded;  
he doth still my trust renew.  
Me through change and chance he guideth,  
only good and only true.  
God unknown,  
he alone  
calls my heart to be his own.

Human pride and earthly glory,  
sword and crown betray his trust;  
what with care and toil he buildeth,  
tower and temple, fall to dust.  
But God's power,  
hour by hour,  
is my temple and my tower.

God's great goodness aye endureth,  
deep his wisdom, passing thought:  
splendour, light, and life attend him,  
beauty springeth out of naught.  
Evermore  
from his store  
new-born worlds rise and adore.

Daily doth th' Almighty giver  
bounteous gifts on us bestow;  
his desire our soul delighteth,  
pleasure leads us where we go.  
Love doth stand  
at his hand;  
joy doth wait on his command.

Still from earth to God eternal  
sacrifice of praise be done,  
high above all praises praising  
for the gift of Christ his Son.  
Christ doth call  
one and all:  
ye who follow shall not fall.

*Robert Seymour Bridges (1844-1930)*  
*based on Meine Hoffnung stehet feste, by Joachim Neander (1650-1680)*

*The president says*

In the name of the Father  
and of the Son  
and of the Holy Spirit  
**Amen**

### **The Greeting**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ be with you  
**and also with you.**

### **Prayers of Penitence**

*A minister says*

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins, to be our advocate in heaven,  
and to bring us to eternal life.  
Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

*Silence is kept.*

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.**

**We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly, love mercy,  
and walk humbly with you, our God.  
Amen**

*The president says*

Almighty God,  
who in Jesus Christ has given us  
a kingdom that cannot be destroyed,  
forgive you your sins,  
open your eyes to God's truth,  
strengthen you to do God's will  
and give you the joy of God's kingdom,  
through Jesus Christ our Lord. **Amen.**

### **Gloria in Excelsis**

**Glory be to God in heaven,  
peace to those who love him well;  
on the earth let all his people  
speak his grace, his wonders tell:  
Lord, we praise you for your glory,  
mighty Father, heaven's king;  
hear our joyful adoration  
and accept the thanks we bring.**

**Only Son of God the Father,  
Lamb who takes our sin away,  
now with God in triumph seated  
for your mercy, Lord, we pray:  
Jesus Christ, most high and holy,  
Saviour, you are God alone  
in the glory of the Father  
with the Spirit: Three-in-One!**

*Tune: Ode to Joy.*

## The Collect

Almighty and everlasting God,  
you are always more ready to hear than we to pray  
and to give more than either we desire or deserve:  
pour down upon us the abundance of your mercy,  
forgiving us those things of which our conscience is afraid  
and giving us those good things  
which we are not worthy to ask  
but through the merits and mediation  
of Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

*Please be seated*

## ***The Liturgy of the Word***


### **First Reading: Ephesians 5. 15-20**

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

This is the word of the Lord.  
**Thanks be to God.**

## **Gospel Reading**

*Please stand. We repeat the refrain.*



Al-le-lu - ia, al-le-lu - ia, al-le-lu - ia, \_\_\_\_\_ al-le-lu - ia.

'Pilgrim's Alleluia': Hymn 377

Hear the Gospel of our Lord Jesus Christ according to John.  
**Glory to you, O Lord.**

## **Gospel reading: John 6. 51-58**

I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

This is the Gospel of the Lord.

**Praise to you, O Christ**

**Sermon**

Revd Prof Rob Gilbert

**Nicene Creed**

*Please stand*

Let us declare our faith in God.

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the  
dead, and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,**

**who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and  
glorified,**

**who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come.**

**Amen.**

### **Prayers of Intercession**

*Please sit or kneel. The following response may be used:*

Lord, hear us.

**Lord, graciously hear us.**

*We pray for those who are sick or in particular need:*

*Grace, Josie, Kitty Datta, Atmadeep Novo Datta, Bob Southgate,  
Benjie, Caroline Winwood, Enid Owens, Pam, Madeline Tarrant,  
Veronika, Kenneth Sanders.*

*Those who have died recently:*

*Baby Victoria, Astrid Brooke, Naomi Lawrence.*

*Those whose anniversary of death falls at this time:*

*Gary Whiting, John Simpson.*

*And at the end*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

## **The Peace**

*Please stand*

To crown all things there must be love  
to bind all together and complete the whole.  
Let the peace of Christ rule in our hearts.  
The peace of the Lord be always with you  
**and also with you.**

*A minister says*

Let us offer one another a sign of peace

*All may exchange a sign of Peace*

## **Hymn 589**

Angel-voices ever singing  
round thy throne of light,  
angel-harps for ever ringing,  
rest not day nor night;  
thousands only live to bless thee  
and confess thee  
Lord of might.

Thou who art beyond the farthest  
mortal eye can scan,  
can it be that thou regardest  
songs of sinful man?  
Can we know that thou art near us,  
and wilt hear us?  
Yea, we can.



Yea, we know that thou rejoicest  
o'er each work of thine;  
thou didst ears and hands and voices  
for thy praise design;  
craftsman's art and music's measure  
for thy pleasure  
all combine.

In thy house, great God, we offer  
of thine own to thee;  
and for thine acceptance proffer  
all unworthily  
hearts and minds and hands and voices  
in our choicest  
psalmody.

Honour, glory, might, and merit  
thine shall ever be,  
Father, Son, and Holy Spirit,  
blessèd Trinity.  
Of the best that thou hast given  
earth and heaven  
render thee.

*Francis Pott (1832-1909)*

### **Taking of the Bread and Wine**

As the grain once scattered in the fields  
and the grapes once dispersed on the hillside  
are now reunited on this table in bread and wine,  
so, Lord, may your whole Church soon be gathered together  
from the corners of the earth  
into your kingdom.

**Amen.**

### **The Eucharistic Prayer**

*Please sit or stand as you are most comfortable*

The Lord be with you  
**and also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

Father, you made the world and love your creation.

You gave your Son Jesus Christ to be our Saviour.

His dying and rising have set us free from sin and death.

And so we gladly thank you,

with saints and angels praising you, and singing:

Ho - ly, ho - ly, ho - ly Lord, God of power and might, -  
5  
heaven and earth are full of your glo - ry. Ho - san - na in the high - est.  
9  
Bless - ed is he who comes in the name of the Lord. Ho -  
13  
san - na in the high - est. Ho - san - na in the high - est.

*Hymn 418*

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.

He broke the bread, gave it to them and said:

Take, eat; this is my body which is given for you;

do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:  
**Christ has died:**  
**Christ is risen:**  
**Christ will come again.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.  
Look with favour on your people,  
gather us in your loving arms  
and bring us with the blessed Virgin Mary and all the saints  
to feast at your table in heaven.  
Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit, all honour and glory are yours,  
O loving Father, for ever and ever.  
**Amen.**

## **The Lord's Prayer**

*Please sit or kneel*

As our saviour taught us, so we pray  
**Our Father in heaven,**  
**hallowed be your name,**  
**your kingdom come, your will be done,**  
**on earth as in heaven.**  
**Give us today our daily bread.**  
**Forgive us our sins**

as we forgive those who sin against us.  
 Lead us not into temptation  
 but deliver us from evil.  
 For the kingdom, the power  
 and the glory are yours,  
 now and for ever.  
 Amen.

### Breaking of the Bread

We break this bread  
 to share in the body of Christ.  
**Though we are many, we are one body,  
 because we all share in one bread.**

The musical score is written for voice and piano in 4/4 time with a key signature of one sharp (F#). It consists of two systems of music. The first system begins with a piano (*p*) dynamic and includes a crescendo (*cresc.*) leading to a forte (*f*) dynamic. The lyrics are: "Je - sus Christ, bread of life, those who come to you will not hun - ger." The second system begins with a mezzo-forte (*mf*) dynamic and includes a decrescendo (*dim.*). The lyrics are: "Je - sus Christ, Ri - sen Lord, those who trust in you will not thirst." The score includes a repeat sign at the end of the second system.

### Giving of Communion

God's holy gifts  
 for God's holy people.  
**Jesus Christ is holy,  
 Jesus Christ is Lord,  
 to the glory of God the Father.**

*This is God's table and all are welcome. Please follow the directions of the steward. With the North aisle inaccessible, you will be directed down and back up the central aisle. To make this as smooth as possible, please allow everyone in your pew to come out before queueing. Those sitting towards the back on each side will be invited to come forwards first.*

*If you are wearing a mask, it is most practical if you remove it before receiving communion. Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread).*

*If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.*

## **Hymn 452**

Let all mortal flesh keep silence  
and with fear and trembling stand;  
ponder nothing earthly-minded,  
for with blessing in his hand  
Christ our God to earth descendeth,  
our full homage to demand.

King of kings, yet born of Mary,  
as of old on earth he stood,  
Lord of lords, in human vesture --  
in the body and the blood --  
he will give to all the faithful  
his own self for heavenly food.

Rank on rank the host of heaven  
spreads its vanguard on the way  
as the Light of Light descendeth  
from the realms of endless day,  
that the powers of hell may vanish  
as the darkness clears away.

At his feet the six-winged seraph;  
cherubim with sleepless eye  
veil their faces to the Presence,  
as with ceaseless voice they cry,  
Alleluia, alleluia,  
alleluia, Lord most high.

*Cherubic Hymn from the Liturgy of St James  
versified by Gerard Moultrie (1829-1885) tr. J.M. Neale and R.F. Littledale*

## Prayer after Communion

God of all mercy,  
in this eucharist you have set aside our sins  
and given us your healing:  
grant that we who are made whole in Christ  
may bring that healing to this broken world,  
in the name of Jesus Christ our Lord. **Amen.**

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord. Amen.**

## *The Sending Out*

*Please stand*

### **Hymn 821**

When, in our music, God is glorified,  
and adoration leaves no room for pride,  
it is as though the whole creation cried:

*Alleluia!*

How often, making music, we have found  
a new dimension in the world of sound,  
as worship moved us to a more profound.

*Alleluia!*

So has the church, in liturgy and song,  
in faith and love, through centuries of wrong,  
borne witness to the truth in every tongue:

*Alleluia!*

And did not Jesus sing a psalm that night  
when utmost evil strove against the Light?  
Then lit us sing, for whom he won the fight:  
*Alleluia!*

Let every instrument be tuned for praise!  
Let all rejoice who have a voice to raise!  
And may God give us faith to sing always:  
*Alleluia!*

*Fred Pratt Green 1903-2000*

### **The Blessing**

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

### **The Dismissal**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

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**Voluntary:** Prelude in C Major BWV 545 *J.S. Bach (1685-1750)*

*Please join us for refreshments in the Coach House!  
Please take this booklet away with you, and recycle it when you have  
finished with it. We no longer pass the collection plate around during the  
service, but you are welcome to use the collection plate at the back of  
church, or the contactless machine, if you would like to make a donation  
to support the work of our church.*

## **Notices: August 18<sup>th</sup>**

*Please read the weekly notices to find out about upcoming events and services. Clergy will highlight some of these notices in their brief welcome. If there is something you would particularly like highlighted at the start of the service, please notify the clergy (by email or phone) in good time before the service, or speak to them before the service starts if this is not possible.*

### **Sunday August 18<sup>th</sup>: The Twelfth Sunday after Trinity**

8am Holy Communion

President: Revd Prof Rob Gilbert

10am Parish Eucharist

President: Revd Prof Rob Gilbert

Preacher: Revd Prof Rob Gilbert

Organist: Andrew Patterson

***Forest Sunday School will take a break over the summer holidays. We look forward to welcoming families back in September!***

### **Midweek Services**

Morning Prayer: NB *will resume on Monday 2<sup>nd</sup> September*

Eucharist Service: Wednesdays at 10am

### **Sunday August 25<sup>th</sup>: The Thirteenth Sunday after Trinity**

8am Holy Communion

10am Parish Eucharist

**Housekeeping matters during the building work:** Please kindly note that toilet facilities are available at the Coach House, and the vestry is now strictly out of use. Seating is more restricted inside the church - please be considerate when choosing a pew and allow space for latecomers if possible **(please consider filling up from the front!)**. The back pews are reserved for children and families attending Sunday school. In the event of an emergency, fire exits are at the main church door and the chancel door.

**Building project update:** We are so grateful that our building project is progressing smoothly and the new extension is looking wonderful already! Due to the unpredictable weather in recent months, we are slightly behind schedule with the completion of the building work. Please continue to pray for the project as we mark these final weeks, and look forward with joy to the Bishop's visit on September 15th.

God of vision and hope,  
we thank you for our church building;  
a place of prayer and pilgrimage,



witnessing to your love and presence in our midst.  
We pray for our plans to develop the building  
to further the work of your kingdom in this and future generations.  
We pray for the guidance, resources and skills we need  
to bring the project to completion,  
and that we would be united in vision and focus  
as we work towards this goal,  
in the name of Jesus Christ our Cornerstone.  
Amen.

**Church cleaning and furniture move:** We anticipate being able to spring clean the church and move furniture and boxes over from the Coach House during the last week of August and we have earmarked the dates of **Wed 28th - Fri 30th August**, and the afternoon of **Saturday 31st**, for these tasks. We are looking for as many volunteers as possible to help as we prepare the church for our open weekend. Please email the church wardens ([wardens@hthq.uk](mailto:wardens@hthq.uk)) with your availability to help on any of these dates. We really do appreciate all the support you can give.

**A 'Quarry' homegroup** meets once a month usually on the 2nd Wednesday of the month at 7pm in the home of a group member. We chat over a cuppa, study the bible and prayer together. We welcome new members, if you would like to find out more please speak to a member of the clergy, or myself, Janet Masters.'

**Requests for help** for Open Weekend **14/15<sup>th</sup> Sept**. We are looking for the following help for our open weekend to make it a success and to celebrate all we have been working towards over the past months. If you feel you are able to contribute in any way, a board will be at the back of the church for names 1. **Welcomers** for the visitors and **tea servers** for our new kitchen. 2. **Cakes** – if you feel you could contribute a cake to use over the weekend for teas that would be really helpful. If you feel you can help with any of these roles it really would be much appreciated.  
Margaret Taylor and Linda Davies (Church Wardens)

**Parish Quiet Day: Saturday 31 August** Emily will be offering a time of reflection and prayer on the theme *Broken but made whole* to anyone who wishes to join. As we turn from the summer months back to life's usual busyness, this is an opportunity to pause and reflect and to explore the challenges of the Christian life with insights from theories of trauma and recovery. We will be together in church 9.30am-12.30pm, finishing with Holy Communion. Please contact Emily to register interest ([curate@hthq.uk](mailto:curate@hthq.uk))

The deadline for the next **online newsletter next Thursday 22nd August**. If you have any items and photos to contribute, please email them to Yue-Yi Hwa at [newsletter@hthq.uk](mailto:newsletter@hthq.uk). Thank you very much.

**Choir for September 15<sup>th</sup>:** We would love to form a special choir for the service on September 15<sup>th</sup>: please let Monika Blackwell or Helen Day know if you would like to join the singing for this special service.

**Holy Trinity Open Weekend:** All are welcome! **Do take posters/fliers to put up!**

Saturday 14 September

11am – 4pm      Open Doors: displays & refreshments in church  
Narnia trail for children & families  
7pm                Evening Concert, showcasing Holy Trinity musicians  
(£10 entry, including wine and nibbles at interval)

Sunday 15 September

10am              Parish Eucharist with Confirmations and Blessing of the church building by the Bishop of Oxford  
2pm – 4pm      Open Doors: displays & refreshments in church

The PCC is looking for **volunteers** to represent the church on the **Headington Quarry Village Hall committee**, the committee meets about once every six weeks, the village hall is in its 90<sup>th</sup> year so the main focus of the committee is to develop its use for the local community and to future proof the building. If you are interested in joining us on the committee please talk to Frances Farrar or Roz Smith as we are looking for a booking secretary and treasurer as well as local volunteers to sit on the committee.

**HTHQ175** A group has been formed to make plans for the parish to celebrate in the autumn the completion of the church building work, and the 175<sup>th</sup> anniversary of its consecration. We would like to create a photographic history of the people and events that have taken place at Holy Trinity over the years. If you have photographs of family/community events at the church that you would be willing to share with us please could you let the wardens know, and provide a copy with the event and date added. Thank you. Janet Masters

**Intercessions training:** We are seeking to add to our rota of wonderful volunteers who read and lead prayers on a Sunday morning. If you have ever wondered about learning to write intercessions, please join us **10.30am-12noon on Saturday 28 September**. Existing volunteers are also encouraged to join to share tips and experiences.

**Hearing Loop Update:** our loop system had to be disconnected during the work on the west end of church, we are really pleased that the contractors have found a way to reinstate it and it is now functioning. Please have a chat with a welcomer or one of the sound team if you are having problems.

**This week's Eco Tips:** Hedgerows, created as livestock barriers, have been described as one of the happiest accidents in history, being one of our richest habitats for native flora and fauna. Not only do they serve as flood defence, and as storage units for carbon, they can potentially redress the decline of insect and bird numbers. By planting hedges of native shrubs, trees and bushes (e.g. hawthorn, crab apple) in our gardens we can contribute to fostering biodiversity.

*Hilary Rollin, Eco Group*

### **Viridor's Energy Recovery Plant Tour**

Curious about what happens to your rubbish after collection? Viridor's Energy Recovery Plant in Ardley offers free tours, giving you a firsthand look at how waste is transformed into energy for around 60,000 homes, diverting waste from landfill.

Visit [www.viridor.co.uk](http://www.viridor.co.uk) to book in a tour and see how rubbish is turned into a valuable resource.

### **Eco Resources Summer 2024**

If you are looking for information on ECO matters, you might like to follow the link below for ideas on book titles, links to Zoom sessions (live and recorded), talks etc. Hilary Rollin, Eco Church Group

Go to: <https://www.hthq.uk/eco-church-resources/>

**Pastoral care team** Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers on back page) or Helen Day, Janet Masters, or Anne Tarassenko.

**Holy Trinity Headington Quarry**  
*An open door between heaven and earth,  
showing God's love to all.*

As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

**Contact us**

**Vicar:** Revd Dr Laura Biron-Scott  
[vicar@hthq.uk](mailto:vicar@hthq.uk) [01865 762835](tel:01865762835)

**Associate Priest:** Revd Prof Rob Gilbert  
[associatepriest@hthq.uk](mailto:associatepriest@hthq.uk)

**Curate:** Revd Emily Hockliffe Essex  
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**Parish Office:** [office@hthq.uk](mailto:office@hthq.uk) [01865 762931](tel:01865762931)

**Churchwardens:** [wardens@hthq.uk](mailto:wardens@hthq.uk)  
Website: [www.hthq.org.uk](http://www.hthq.org.uk)

**Church post code for emergencies:** OX3 8LQ