

Holy Trinity
Headington Quarry



Thirteenth Sunday After Trinity

25th August 2024

Words of welcome.

Hymn 746

O God, our help in ages past,
our hope for years to come,
our shelter from the stormy blast,
and our eternal home;

Under the shadow of thy throne
thy saints have dwelt secure;
sufficient is thine arm alone,
and our defence is sure.

Before the hills in order stood,
or earth received her frame,
from everlasting thou art God,
to endless years the same.

A thousand ages in thy sight
are like an evening gone,
short as the watch that ends the night
before the rising sun.

Time, like an ever-rolling stream,
bears all our sons away;
they fly forgotten, as a dream
dies at the opening day.

O God, our help in ages past,
our hope for years to come,
be thou our guard while troubles last,
and our eternal home.

Issac Watts (1674-1748) based on Psalm 90

The president says

In the name of the Father
and of the Son
and of the Holy Spirit
Amen

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ be with you
and also with you.

Prayers of Penitence

A minister says

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins, to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God.
Amen**

The president says

Almighty God,
who in Jesus Christ has given us
a kingdom that cannot be destroyed,
forgive you your sins,
open your eyes to God's truth,
strengthen you to do God's will
and give you the joy of God's kingdom,
through Jesus Christ our Lord.
Amen.

Gloria in Excelsis

**Glory be to God in heaven,
peace to those who love him well;
on the earth let all his people
speak his grace, his wonders tell:
Lord, we praise you for your glory,
mighty Father, heaven's king;
hear our joyful adoration
and accept the thanks we bring.**

**Only Son of God the Father,
Lamb who takes our sin away,
now with God in triumph seated
for your mercy, Lord, we pray:
Jesus Christ, most high and holy,
Saviour, you are God alone
in the glory of the Father
with the Spirit: Three-in-One!**

Tune: Ode to Joy.

The Collect

Almighty God,
who called your Church to bear witness
that you were in Christ reconciling the world to yourself:
help us to proclaim the good news of your love,
that all who hear it may be drawn to you;
through him who was lifted up on the cross,
and reigns with you in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

Please be seated

The Liturgy of the Word

First Reading: Joshua 24. 1-2a, 14-18a, 19

Then Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. And Joshua said to all the

people, 'Thus says the LORD, the God of Israel: Long ago your ancestors—Terah and his sons Abraham and Nahor—lived beyond the Euphrates and served other gods.

'Now therefore revere the LORD, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the LORD. Now if you are unwilling to serve the LORD, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the LORD.'

Then the people answered, 'Far be it from us that we should forsake the LORD to serve other gods; for it is the LORD our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed. Therefore we also will serve the LORD, for he is our God.'

This is the word of the Lord.
Thanks be to God.

Gospel Reading

Please stand. We repeat the refrain.



'Pilgrim's Alleluia': Hymn 377

Hear the Gospel of our Lord Jesus Christ according to John.
Glory to you, O Lord.

Gospel reading: John 6. 56-69

Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.' He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, 'This teaching is difficult; who can accept it?' But Jesus, being aware that his disciples were complaining about it, said to them, 'Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.' For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, 'For this reason I have told you that no one can come to me unless it is granted by the Father.'

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, 'Do you also wish to go away?' Simon Peter answered him, 'Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.'

This is the Gospel of the Lord.
Praise to you, O Christ

Sermon

Revd Anne Kiggell

Nicene Creed

Please stand

Let us declare our faith in God.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the
dead, and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,**

**who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and
glorified,**

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come.**

Amen.

Prayers of Intercession

Please sit or kneel. The following response may be used:

Lord, hear us.

Lord, graciously hear us.

We pray for those who are sick or in particular need:

*Grace, Josie, Kitty Datta, Atmadeep Novo Datta, Bob Southgate,
Benjie, Caroline Winwood, Enid Owens, Pam, Madeline Tarrant,
Veronika, Kenneth Sanders.*

Those who have died recently:

Baby Victoria, Astrid Brooke, Naomi Lawrence.

Those whose anniversary of death falls at this time:

Lucina Charles, Alexander Kouvaritakis, Pat Green.

And at the end

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Peace

Please stand

To crown all things there must be love
to bind all together and complete the whole.
Let the peace of Christ rule in our hearts.
The peace of the Lord be always with you
and also with you.

A minister says

Let us offer one another a sign of peace

All may exchange a sign of Peace

Hymn 814

Thy hand, O God, has guided
thy flock, from age to age;
the wondrous tale is written
full clear, on every page;
our fathers owned thy goodness,
and we their deeds record;
and both of this bear witness:
one Church, one faith, one Lord!

Thy heralds brought glad tidings
to greatest, as to least;
they bade men rise, and hasten
to share the great King's feast;
and this was all their teaching,
in every deed and word,
to all alike proclaiming
one Church, one faith, one Lord!

When shadows thick were falling,
and all seemed sunk in night,
thou, Lord, didst send thy servants,
thy chosen sons of light.
On them and on thy people
thy plenteous grace was poured,
and this was still their message:
one Church, one faith, one Lord.

Thy mercy will not fail us,
nor leave thy work undone;
with thy right hand to help us,
thy victory shall be won;
and then, by men and angels,
thy name shall be adored,
and this shall be their anthem:
one Church, one faith, one Lord.

Edward Hayes Plumptre (1821-1891)

Taking of the Bread and Wine

As the grain once scattered in the fields
and the grapes once dispersed on the hillside
are now reunited on this table in bread and wine,
so, Lord, may your whole Church soon be gathered together
from the corners of the earth
into your kingdom.

Amen.

The Eucharistic Prayer

Please sit or stand as you are most comfortable

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

Father, you made the world and love your creation.
 You gave your Son Jesus Christ to be our Saviour.
 His dying and rising have set us free from sin and death.
 And so we gladly thank you,
 with saints and angels praising you, and singing:

Ho - ly, ho - ly, ho - ly Lord, God of power and might, _
 5 heaven and earth are full of your glo-ry. Ho - san - na in__ the high - est.
 9 Bless - ed__ is he who comes in the name of the Lord.____ Ho -
 13 san - na in__ the high - est. Ho - san - na in__ the hig - est.

Hymn 418

We praise and bless you, loving Father,
 through Jesus Christ, our Lord;
 and as we obey his command,
 send your Holy Spirit,
 that broken bread and wine outpoured
 may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
 and, taking bread, he praised you.
 He broke the bread, gave it to them and said:
 Take, eat; this is my body which is given for you;
 do this in remembrance of me.

When supper was ended he took the cup of wine.
 Again he praised you, gave it to them and said:
 Drink this, all of you;
 this is my blood of the new covenant,
 which is shed for you and for many for the forgiveness of sins.
 Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with the blessed Virgin Mary and all the saints
to feast at your table in heaven.
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit, all honour and glory are yours,
O loving Father, for ever and ever.
Amen.

The Lord's Prayer

Please sit or kneel

As our saviour taught us, so we pray
Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and for ever.
Amen.

Breaking of the Bread

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

The musical score is written in 4/4 time with a key signature of one sharp (F#). It consists of two systems of music, each with a vocal line and a piano accompaniment line. The first system starts with a piano (*p*) dynamic and includes a crescendo (*cresc.*) and a fortissimo (*f*) dynamic. The lyrics are: "Je - sus Christ, bread of life, those who come to you will not hun - ger." The second system starts with a mezzo-forte (*mf*) dynamic and includes a decrescendo (*dim.*). The lyrics are: "Je - sus Christ, Ri - sen Lord, those who trust in you will not thirst." The score ends with a repeat sign and a fermata.

Giving of Communion

God's holy gifts
for God's holy people.
**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

This is God's table and all are welcome. Please follow the directions of the steward. With the North aisle inaccessible, you will be directed down and back up the central aisle. To make this as smooth as possible, please allow everyone in your pew to come out before queueing. Those sitting towards the back on each side will be invited to come forwards first.

If you are wearing a mask, it is most practical if you remove it before receiving communion. Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread).

If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.

Hymn 595

Be thou my vision, O Lord of my heart,
be all else but naught to me, save that thou art;
be thou my best thought in the day and the night,
both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word,
be thou ever with me, and I with thee, Lord;
be thou my great Father, and I thy true son;
be thou in me dwelling and I with thee one.

Be thou my breastplate, my sword for the fight;
be thou my whole armour, be thou my true might,
be thou my soul's shelter, be thou my string tow'r:
O raise thou me heavenward, great Power of my power.

Riches I heed not, nor man's empty praise:
be thou mine inheritance now and always;
be thou and thou only the first in my heart;
O sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun,
O grant me its joys after victory is won;
great Heart of my own heart, whatever befall,
still be thou my vision, O Ruler of all.

Irish 8th century, tr. Mary E. Byrne & Eleanor H. Hull

Prayer after Communion

God our creator,
you feed your children with the true manna,
the living bread from heaven:
let this holy food sustain us through our earthly pilgrimage
until we come to that place
where hunger and thirst are no more;
through Jesus Christ our Lord.

Amen.

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

The Sending Out

Please stand

Hymn 826

Ye holy angels bright,
who wait at God's right hand,
or through the realms of light
fly at your Lord's command,
assist our song,
for else the theme
too high doth seem
for mortal tongue.

Ye blessèd souls at rest,
who ran this earthly race,
and now, from sin released,
behold the Saviour's face,
his praises sound,
as in his sight
with sweet delight
ye do abound.

Ye saints, who toil below,
adore your heavenly King,
and onward as ye go
some joyful anthem sing;

take what he gives
and praise him still,
through good and ill,
who ever lives.

My soul, bear thou thy part,
triumph in God above,
and with a well-tuned heart
sing thou the songs of love;
let all thy days
till life shall end,
whate'er he send,
be filled with praise.

Richard Baxter (1615-1691) and John Hampden Gurney (1802-1862)

The Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

The Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

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*Please join us for refreshments in the Coach House!
Please take this booklet away with you, and recycle it when you have
finished with it. We no longer pass the collection plate around during the
service, but you are welcome to use the collection plate at the back of
church, or the contactless machine, if you would like to make a donation
to support the work of our church.*

Notices: August 25th

Please read the weekly notices to find out about upcoming events and services. Clergy will highlight some of these notices in their brief welcome. If there is something you would particularly like highlighted at the start of the service, please notify the clergy (by email or phone) in good time before the service, or speak to them before the service starts if this is not possible.

Sunday August 25th: The Thirteenth Sunday after Trinity

8am Holy Communion

President: Revd Emily Hockliffe Essex

10am Parish Eucharist

President: Revd Emily Hockliffe Essex

Preacher: Revd Anne Kiggell

Organist: Revd Canon David Knight

Forest Sunday School will take a break over the summer holidays. We look forward to welcoming families back in September!

Midweek Services

Morning Prayer: NB *will resume on Monday 2nd September*

Eucharist Service: Wednesdays at 10am

Sunday September 1st: The Fourteenth Sunday after Trinity

8am Holy Communion

10am Parish Eucharist

Housekeeping matters during the building work: Please kindly note that toilet facilities are available at the Coach House, and the vestry is now strictly out of use. Seating is more restricted inside the church - please be considerate when choosing a pew and allow space for latecomers if possible **(please consider filling up from the front!)**. The back pews are reserved for children and families attending Sunday school. In the event of an emergency, fire exits are at the main church door and the chancel door.

Building project update: We are so grateful that our building project is progressing smoothly and the new extension is looking wonderful already! Due to the unpredictable weather in recent months, we are slightly behind schedule with the completion of the building work. Please continue to pray for the project as we mark these final weeks, and look forward with joy to the Bishop's visit on September 15th.

God of vision and hope,
we thank you for our church building;
a place of prayer and pilgrimage,
witnessing to your love and presence in our midst.

We pray for our plans to develop the building to further the work of your kingdom in this and future generations. We pray for the guidance, resources and skills we need to bring the project to completion, and that we would be united in vision and focus as we work towards this goal, in the name of Jesus Christ our Cornerstone. Amen.

Church cleaning and furniture move: We hope to achieve some spring cleaning in the church and organising of furniture and boxes that are being stored in the Coach House during the last week of August and we have earmarked the dates of **Wed 28th - Fri 30th August**, and the afternoon of **Saturday 31st**, for these tasks. We are looking for as many volunteers as possible to help as we prepare the church for our open weekend. Please email the church wardens (wardens@hthq.uk) with your availability to help on any of these dates. We really do appreciate all the support you can give.

Please pray for our confirmation candidates: Martha, Abby, Katie, Juliet, Lucy, Sophie, Melissa, Lewis, and Sophie, as they prepare to be confirmed by the Bishop of Oxford on Sunday 15 September.

Stay and Play: a huge thank you to all the volunteers who gave their time and energy to make the two weeks of Stay and Play sessions such a success. During that time we welcomed around 80 babies and children from more than 50 different families. A huge service to the community and a real reflection of our mission, this was so appreciated. Thank you all.

David Farrar and Romana Cerna's Wedding on Saturday 7th September at 2pm Many of us know both Bernie and Frances, David's Mum and sister. We are warmly invited to the Wedding service to join in with singing the hymns and to witness the marriage of David and Romana.

Tots Mornings open to all pre-School children on Tuesdays in term time in the Coach House starting on Tuesday 3rd September. Stay & Play will be 10-11am and Story & prayers 11am – 11.15am. No need to book just come along. All are welcome.

A 'Quarry' homegroup meets once a month usually on the 2nd Wednesday of the month at 7pm in the home of a group member. We chat over a cuppa, study the bible and prayer together. We welcome new members, if you would like to find out more please speak to a member of the clergy, or myself, Janet Masters.'

Requests for help for Open Weekend **14/15th Sept.** We are looking for the following help for our open weekend to make it a success and to celebrate all we have been working towards over the past months. If you feel you are able to contribute in any way, a board will be at the back of the church for names 1. **Welcomers** for the visitors and **tea servers** for our new kitchen. 2. **Cakes** – if you feel you could contribute a cake to use over the weekend for teas that would be really helpful. If you feel you can help with any of these roles it really would be much appreciated.
Margaret Taylor and Linda Davies (Church Wardens)

Parish Quiet Day: Saturday 31 August Emily will be offering a time of reflection and prayer on the theme *Broken but made whole* to anyone who wishes to join. As we turn from the summer months back to life's usual busyness, this is an opportunity to pause and reflect and to explore the challenges of the Christian life with insights from theories of trauma and recovery. We will be together in church 9.30am-12.30pm, finishing with Holy Communion. Please contact Emily to register interest (curate@hthq.uk)

Choir for September 15th: We would love to form a special choir for the service on September 15th: please let Monika Blackwell or Helen Day know if you would like to join the singing for this special service.

Holy Trinity Open Weekend: All are welcome! **Do take posters/fliers to put up!**

Saturday 14 September

11am – 4pm Open Doors: displays & refreshments in church
Narnia trail for children & families
7pm Evening Concert, showcasing Holy Trinity musicians
(£10 entry, including wine and nibbles at interval)

Sunday 15 September

10am Parish Eucharist with Confirmations and Blessing of the church building by the Bishop of Oxford
2pm – 4pm Open Doors: displays & refreshments in church

The PCC is looking for **volunteers** to represent the church on the **Headington Quarry Village Hall committee**, the committee meets about once every six weeks, the village hall is in its 90th year so the main focus of the committee is to develop its use for the local community and to future proof the building. If you are interested in joining us on the committee please talk to Frances Farrar or Roz Smith as we are looking for a booking secretary and treasurer as well as local volunteers to sit on the committee.

Intercessions training: We are seeking to add to our rota of wonderful volunteers who read and lead prayers on a Sunday morning. If you have ever wondered about learning to write intercessions, please join us **10.30am-12noon on Saturday 28 September**. Existing volunteers are also encouraged to join to share tips and experiences.

Hearing Loop Update: our loop system had to be disconnected during the work on the west end of church, we are really pleased that the contractors have found a way to reinstate it and it is now functioning. Please have a chat with a welcomer or one of the sound team if you are having problems.

This week's Eco Tips: It may seem illogical, but using the washing machine on its longer eco setting really does reduce energy consumption. The same applies to the dishwasher.

Hilary Rollin, Eco Group

Viridor's Energy Recovery Plant Tour

Curious about what happens to your rubbish after collection? Viridor's Energy Recovery Plant in Ardley offers free tours, giving you a firsthand look at how waste is transformed into energy for around 60,000 homes, diverting waste from landfill.

Visit www.viridor.co.uk to book in a tour and see how rubbish is turned into a valuable resource.

Eco Resources Summer 2024

If you are looking for information on ECO matters, you might like to follow the link below for ideas on book titles, links to Zoom sessions (live and recorded), talks etc. Hilary Rollin, Eco Church Group

Go to: <https://www.hthq.uk/eco-church-resources/>

Pastoral care team Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers on back page) or Helen Day, Janet Masters, or Anne Tarassenko.

Holy Trinity Headington Quarry
*An open door between heaven and earth,
showing God's love to all.*

As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

Contact us

Vicar: Revd Dr Laura Biron-Scott
vicar@hthq.uk [01865 762835](tel:01865762835)

Associate Priest: Revd Prof Rob Gilbert
associatepriest@hthq.uk

Curate: Revd Emily Hockliffe Essex
curate@hthq.uk [07979 931889](tel:07979931889)

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Churchwardens: wardens@hthq.uk
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