

Holy Trinity
Headington Quarry

*A Journey Through Lent*

The First Sunday of Lent

9th March 2025

The Gathering

Words of welcome.

During the opening hymn, children are welcome to join the forest Sunday school taking place outside.

Hymn 702

Lead us, heavenly Father, lead us
o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us,
for we have no help but thee;
yet possessing every blessing,
if our God our Father be.

Saviour, breathe forgiveness o'er us:
all our weakness thou dost know;
thou didst tread this earth before us,
thou didst feel its keenest woe;
lone and dreary, faint and weary,
through the desert thou didst go.

Spirit of our God, descending,
fill our hearts with heavenly joy,
love with every passion blending,
pleasure that can never cloy:
thus provided, pardoned, guided,
nothing can our peace destroy.

James Edmeston (1791-1867)

The president says

In the name of the Father
and of the Son
and of the Holy Spirit
Amen

God is able to provide us with every blessing in abundance,
so that by always having enough of everything,
we may share abundantly in every good work.

cf. 2 Corinthians 9.8

Let everything be said and done in the name of the Lord Jesus,
giving thanks to God through Jesus Christ.

Let us bring our gifts to the Lord

that they may be used for his glory.

May the Spirit of God fill our hearts

as we come to meet him in this place.

Prayers of Penitence

A minister says

The sacrifice of God is a broken spirit;

a broken and contrite heart God will not despise.

Let us come to the Lord, who is full of compassion,

and acknowledge our transgressions in penitence and faith.

Silence is kept.

Almighty God, our heavenly Father,

we have sinned against you

and against our neighbour

in thought and word and deed,

through negligence, through weakness,

through our own deliberate fault.

We are truly sorry

and repent of all our sins.

For the sake of your Son Jesus Christ,

who died for us,

forgive us all that is past

and grant that we may serve you in newness of life

to the glory of your name.

Amen.

Kyrie

10

Andante

Organ

Lord have mer-cy, Lord have mer-cy. Christ have
mer-cy, Christ have mer-cy. Lord have mer-cy, Lord have mer-cy.

The president says

The almighty and merciful Lord
grant you pardon and forgiveness of all your sins
time for amendment of life,
and the grace and strength of the Holy Spirit.
Amen.

The Collect

Let us pray:
Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

The Liturgy of the Word

First Reading: Deuteronomy 26. 1-11

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and

our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me.' You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

This is the word of the Lord.
Thanks be to God

Gospel Reading

Please remain standing.

Refrain

Praise to you, O Christ, our Sav-iour, Word of the Fa-ther, call-ing us to life;

5

Son of God who leads us to free-dom: glo-ry to you, Lord Je-sus Christ! Christ!

10 Verse

You are the Word whocalls us out of dark-ness;you are the Word who leadsus in-to light;

14

you are the Word who brings us through the de-sert: glo-ry to you, Lord Je - sus Christ!

The gospel is announced:

Hear the Gospel of our Lord Jesus Christ according to Luke.
Glory to you, O Lord.

Gospel reading: Luke 4. 1-13

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone." '

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him." '

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone." '

Jesus answered him, 'It is said, "Do not put the Lord your God to the test." ' When the devil had finished every test, he departed from him until an opportune time.

This is the Gospel of the Lord.

Praise to you, O Christ

Sermon

Joshua Townsend, Generous Giving Advisor for Oxford Diocese

The Nicene Creed

Please stand

Let us declare our faith in God

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the
dead, and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and
glorified,**

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come.**

Amen.

Prayers of Intercession

Please sit or kneel.

These responses may be used

Lord, hear us.

Lord, graciously hear us.

We pray for those who are sick or in particular need:

Grace, Josie, Kitty Datta, Atmadeep Novo Datta, Bob Southgate, Benjie, Pam, Madeline Tarrant, Kenneth Sanders, Owen Tollman, Hunter Merritt, Maureen, Elizabeth, Christine, Janet Lever.

Those who have died recently:

Mollie Wilson, Tony Buttolph, Enid Owens, Jane Phipps.

Those whose anniversary of death falls at this time:

Adrian Phipps, Jack Stoneman, Barbara Minchin, Marae Griffin, Doreen Whitlock.

And at the end

Merciful Father,

accept these prayers

for the sake of your Son,

our Saviour Jesus Christ. Amen.

The Peace

Please stand

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.
The peace of the Lord be always with you
and also with you.

A minister says

Let us offer one another a sign of peace.

All may exchange a sign of Peace.

Hymn 676

Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.

Unresting, unhasting, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds which are fountains of goodness and love.

To all life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
and wither and perish; but naught changeth thee.

Great Father of glory, pure Father of light,
thine angels adore thee, all veiling their sight;
all laud we would render: O help us to see
'tis only the splendour of light hideth thee.

Walter Chalmers Smith (1824-1908)

Taking of the Bread and Wine

The table is prepared and bread and wine are placed upon it.

Blessed are you, Lord God of abundance:
through your goodness we have this bread to set before you,
which earth has given and human hands have made.
It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of abundance:
through your goodness we have this wine to set before you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

Blessed be God for ever.

Please sit or stand as you are most comfortable

The Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

10 *mf* Ho - ly, Ho - ly, Ho - ly Lord, God of_

19 power and might. Heav'n and earth are full of your glo-ry. Ho - san - na in_ the_

high - est. *mf* Bles-sed is he, O bles-sed is_ he who comes in the name of the Lord._

28 *ff* Ho - san - na in the high - est, ho - san - na_ in_ the high - est.

We praise and bless you, loving Father,
 through Jesus Christ, our Lord;
 and as we obey his command,
 send your Holy Spirit,
 that broken bread and wine outpoured
 may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
 and, taking bread, he praised you.
 He broke the bread, gave it to them and said:
 Take, eat; this is my body which is given for you;
 do this in remembrance of me. *(Bells are rung)*

When supper was ended he took the cup of wine.
 Again he praised you, gave it to them and said:
 Drink this, all of you;
 this is my blood of the new covenant,
 which is shed for you and for many for the forgiveness of sins.
 Do this, as often as you drink it, in remembrance of me.
(Bells are rung)

So, Father, we remember all that Jesus did,
 in him we plead with confidence his sacrifice
 made once for all upon the cross.
 Bringing before you the bread of life and cup of salvation,
 we proclaim his death and resurrection
 until he comes in glory.

Christ is the bread of life

10

When we eat this bread and drink this cup we pro-claim your
 death, Lord Je - sus, un - til you come in glo - ry, un - til you come in glo - ry.

Lord of all life,
 help us to work together for that day
 when your kingdom comes
 and justice and mercy will be seen in all the earth.
 Look with favour on your people,
 gather us in your loving arms

and bring us with the blessed Virgin Mary and all the saints to feast at your table in heaven.

Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honour and glory are yours, O loving Father, for ever and ever.

Amen.

The Lord's Prayer

Please sit or kneel

As our saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and for ever.
Amen.**

Breaking of the Bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

Slowly

Lamb of God, you take a - way the sins of the_ world, have
mer- cy_ on us. Lamb of God, you take a - way the sins of the_ world, have mer- cy_ on
us. Lamb of God, you take a - way the sins of the world, grant_ us peace.

Giving of Communion

God's holy gifts
for God's holy people.
**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

This is God's table and all are welcome. Please follow the directions of the stewards. We will form two lines to receive communion – the bread is distributed from the chancel step, and the wine is distributed from the lady chapel step. Please return to your pew via the north aisle. Stewards will be on hand to direct you!

If you are wearing a mask, it is most practical if you remove it before receiving communion. Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread).

If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.

Hymn 116

Be thou my guardian and my guide,
and hear me when I call;
let not my slippery footsteps slide,
and hold me lest I fall.

The world, the flesh, and Satan dwell
around the path I tread;
O save me from the snares of hell,
thou quickener of the dead.

And if I tempted am to sin,
and outward things are strong,
do thou, O Lord, keep watch within,
and save my soul from wrong.

Still let me ever watch and pray,
and feel that I am frail;
that if the tempter cross my way,
yet he may not prevail.

Issac Williams (1802-1865)

Prayer after Communion

Lord God,
you have renewed us with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him
who is the true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord. **Amen.**

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

The Sending Out

Hymn 728

Please stand

Meekness and majesty,
manhood and deity
in perfect harmony,
the Man who is God.
Lord of eternity
dwells in humanity,
kneels in humility
and washes our feet

*Oh, what a mystery,
meekness and majesty.
Bow down and worship
for this is your God,
this is your God.*
Father's pure radiance,
perfect in innocence
yet learns obedience
to death on a cross.
Suffering to give us life,
conquering through sacrifice,
And as they crucify
prays: 'Father, forgive.'

Wisdom unsearchable,
God the invisible,
Love indestructible
in frailty appears.
Lord of infinity,
stopping so tenderly,
lifts our humanity
to the heights of his throne.

Graham Kendrick (b. 1950)

The Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always
Amen.

The Dismissal

A minister says

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Voluntary: Trumpet Minuet - *Alfred Hollins*

Please do join us for refreshments at the back of church or in the warmer meeting room after the Service. Please take this booklet away with you, and recycle it when you have finished with it.

We no longer pass the collection plate around during the service, but you are welcome to use the collection plate at the back of church, or the contactless machine, if you would like to make a donation to support the work of our church. If you would like to sign up to regular monthly giving, please visit www.hthq.uk/giving-to-the-church for more information

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Notices: The First Sunday of Lent

Sunday Mar 9th: The First Sunday of Lent

8am Holy Communion

President: Revd Emily Hockliffe Essex

10am Parish Eucharist with Forest Sunday School

President: Revd Prof Rob Gilbert

Preacher: Joshua Townson, Diocesan Generous Giving Adviser

Deacon: Revd Emily Hockliffe Essex

Organist: Andrew Patterson

Midweek Services

Morning Prayer: 9am Tuesdays and Thursdays in the Lady Chapel.

Sunday Mar 16th: Second Sunday of Lent

8am Holy Communion

10am Parish Eucharist with Forest Sunday School

A prayer for the vacancy:

God of vision and hope,
we thank you for all who have ministered here
throughout the history of this church.
In this time of vacancy,
may we continue to grow in love,
share in responsibility,
and seek your vision for our future,
in the name of Jesus Christ, our shepherd and our guide.
Amen.

Lent Course: Wednesdays in church 7-8pm with refreshments served from 6.45pm. Come along to explore together the landscape of prayer and reflect on how we can deepen our relationship with God.

Holy Communion classes any children or young people who have been baptised but are not yet ready to be confirmed are invited to join us in preparing to receive their first communion. We will meet on Sunday 23 March, Monday 24 March, and Friday 28 March, and first communion will be taken on Easter Sunday. If interested, please contact the curate, Emily.

HTHQ 175 Talking History

The HTHQ175 committee have put together a programme of talks celebrating Holy Trinity's 175th Anniversary year:

Wednesday 9 April Racial Justice Revd Emily Hockliffe Essex

Wednesday 7 May Morris Dancing (speaker TBC)

Wednesday 4 June Our changing church Revd Canon Dr Margaret Whipp

The evening begins with refreshments at 6.45pm, the talk beginning at 7pm, and discussions close at 7.45pm. All are welcome.

Electoral Roll: Request for Email Addresses According to Church of England rules, every six years the electoral roll must be discarded and a completely new one made, this is due to happen this year. We will be contacting all our electoral roll members to let them know when it's time to sign up again, but to facilitate this it would be helpful to have email contacts. Please consider sending your email address to our electoral roll officer, Joan Jones (joan@joneses.org.uk) with your permission to add this information to the electoral roll records.

Our Community Café is now up and running: **9.30am-11.30am on Tuesday mornings**. All are welcome, and most especially families with young children, as the meeting room will be set up for tots to play.

This week's Eco Tips: More information follows later this month about recycling old textiles. Meanwhile, let's get thinking about re-purposing items that can be given a new lease of life if used for a different purpose. Such as? How about cutting up favourite old T-shirts beyond their best and bringing them back into active service as dusters?
Hilary Rollin, Eco Group

Eco Resources for Spring 2025: For suggestions on information re Eco Matters, including reading material, links to Zoom sessions etc. go to: <https://www.hthq.uk/eco-church-resources>

Pastoral care team Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers on back page) or Helen Day, Janet Masters, Anne Tarassenko, or Ruth Wooldridge.



Holy Trinity Headington Quarry

*An open door between heaven and earth,
showing God's love to all.*

Get involved in worship...



READING & PRAYING

The first reading and the prayers of intercession are always led by a member of the congregation.

SERVING

Our serving team help to prepare the altar, carry the cross, and support the clergy in leading services.

BELLRINGING

Our bells connect us to the community and are an audible witness to our worship.

SOUND SYSTEM TEAM

Volunteers enable us to broadcast our services on Radio Cherwell as well as making people heard in church.



For more information, contact office@hthq.uk

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As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

Contact us

Vicar: Vacancy

Associate Priest: Revd Prof Rob Gilbert
associatepriest@hthq.uk

Curate: Revd Emily Hockliffe Essex
curate@hthq.uk 07979 931889

Parish Office: office@hthq.uk 01865 762931

Churchwardens: wardens@hthq.uk

Website: www.hthq.org.uk

Church postcode for emergencies: OX3 8LQ